

# Douglas S. Wingate, DTCM, FMHC, LPF, L.Ac.

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www.acuneuromodulation.com

## **Academic Background**

Doctorate of Traditional Chinese Medicine Five Branches University	2022-2023 San Jose, CA
Psychedelic Assisted Therapy Training with Advanced Certificate in Psilocybin-Assisted Therapy Integrative Psychiatry Institute	2023 Boulder, CO
Psilocybin Facilitator Training Program Innertrek, LLC	2022-2023 Portland, OR
Masters of Acupuncture and Oriental Medicine Oregon College of Oriental Medicine	2008-2011 Portland, OR
Natural Health Practitioner certification Medicine College of Canada	2006-2008 Alternative Chambly, QC
Associates of Applied Science - Drafting Technology Community College	2002-2005 Clackamas Oregon City, OR
High School Diploma Canby Union High School	1998-2001 Canby, OR

## **Professional Licenses/Certifications**

Licensed Acupuncturist - Oregon licensee License #AC156200 NCCAOM diplomate – Acupuncture Certificate #150033	Oregon Medical Board Ex: 06/30/2024
Licensed Psilocybin Facilitator Oregon License # FL-6d5d896	April 2023
Certified Functional Medicine Hyperbaric Clinician International Board of Undersea Medicine	Nov 2022
Licensed Body Arts Practitioner #BAP-TA-10186370	Ex: 06/2024

## **Additional Post-Graduate Trainings:**

Carrick Institute
-Clinical Neuroscience Program (300 hours)
-Movement Disorders Program (100 hours)
-Clinical Neuroscience of Cognition and Intelligence
-Neuroscience of Breathwork

- Acupuncture and Neurology
- Neurological Exam for the Acupuncture Clinician
- Synapse Sessions 2022
- Synapse Sessions 2023

### **Experience & Qualifications**

- Helfgott Research Institute - Associate Researcher / Clinical Investigator - 2024-present
- National Institute of Natural Medicine - Adjunct Professor - 2023-present
- Integrative Psychiatry Institute - Teaching/Facilitation Assistant - 2023-present
- Be Well Holistic Health - 2022-present
- 7 Gates Sanctuary Psilocybin Service Center, Co-Founder - 2023-present
- 8-Circuit Ascension, Co-Founder, - 2022-Present
- Oregon Health and Science University Department of Neurology – 08/2018-08/2021
- DSW Health Services - Owner/Acupuncturist - 11/2013-present
- Parkway Acupuncture and Wellness - Co-Owner/Acupuncturist - 11/2011-11/2013
- Central City Concern, Portland, OR - Supervised clinical experience - 03/2011-06/2011
- Outside In, Portland - Supervised clinical experience - 01/2011-03/2011
- Oregon College of Oriental Medicine, Portland, OR - Supervised clinical experience - 09/2010 - 09/2011

### **Published Works:**

- *Integrative Neurology and Chinese Medicine: Acupuncture Neuromodulation* (Forthcoming 2025, Singing Dragon Publications)
- *8-Circuit Ascension* (2025, Original Falcon Publishing)
- *Neuromycology: medicinal mushrooms for brain and body* (2024, Createspace)
- *The Eight Dimensional Book of Runes* (2024, Createspace)
- *The Eight Dimensional Book of Changes* (2024, Createspace)
- *Atlas of Neural Network Acupuncture* (2023, Createspace)
- *Acuinked: Acupuncture Point Specific Tattooing* (2019, Createspace)
- *Healing Brain Injury Naturally* (2019, Createspace)
- *Healing Brain Injury with Chinese Medical Approaches: Integrative Approaches for Practitioners* (2018, Singing Dragon Publications)
- *Circuits and Shen: Models of the Evolution of Consciousness and Chinese Medicine* (2016, Createspace)

### **Articles Written:**

- Kasian, S. , Turetzky, R. and Wingate, D. (2024) Exploring the Eight-Circuit Model of Consciousness: A Pathway to Enhanced Mind-Body Health. *Health*, 16, 1289-1303. doi: [10.4236/health.2024.1612089](https://doi.org/10.4236/health.2024.1612089).
- *Acupuncture in the Treatment of Borderline Personality Disorder: A Neurobiological Approach* (2021, [https://www.researchgate.net/publication/348150854\\_Acupuncture\\_Approaches\\_to\\_Borderline\\_Personality\\_Disorder\\_A\\_Neurobiological\\_Approach](https://www.researchgate.net/publication/348150854_Acupuncture_Approaches_to_Borderline_Personality_Disorder_A_Neurobiological_Approach))
- *Acupuncture in the Treatment of Post-Traumatic Stress Disorder: A Neurobiological Approach* (2019, [https://www.researchgate.net/publication/333033416\\_Acupuncture\\_in\\_the\\_Treatment\\_of\\_Post-Traumatic\\_Stress\\_Disorder\\_A\\_Neurobiological\\_Approach](https://www.researchgate.net/publication/333033416_Acupuncture_in_the_Treatment_of_Post-Traumatic_Stress_Disorder_A_Neurobiological_Approach))
- *Mechanisms of Acupuncture Treatment in Treating Acquired Brain Injury*(2018)
- *The Treatment of Frontal Lobe Injury With Acupuncture and Traditional East Asian Medicine* (2016, [www.acuneuromodulation.com](http://www.acuneuromodulation.com))
- *The Treatment of Temporal Lobe Injury With Acupuncture and Traditional East Asian Medicine* (2016, [www.acuneuromodulation.com](http://www.acuneuromodulation.com))
- *Oriental Medical Theory in the Treatment of Acquired Brain Injury* (2015, [www.acuneuromodulation.com](http://www.acuneuromodulation.com))

### **Teaching Experience**

- Advanced Topics In Neuro-Orthopedic Acupuncture - Oregon College of Oriental Medicine / National University of Natural Medicine - 2024 - present

- “Advances in the 8 Circuit Model of Consciousness” - Botanica Obscura Conference - 3/26/23
- “Oregon Psilocybin Services: what Chinese medicine practitioners need to know” - Oregon Association of Acupuncturists Annual Conference - Portland, OR 3/12/23
- “Psilocybin therapy on increases in neuroplasticity and synaptogenesis” 21<sup>st</sup> Annual Pacific Northwest Brain Injury Conference – Portland, OR 3/05/2023
- “Essentials in Treating Traumatic Brain Injury with Chinese Medicine” - Oregon Association of Acupuncturists Annual Conference - Portland, OR 9/19/21
- “TCM Treatments for PTSD” Webinar (8 hour) – elotus.org 04/19/2020
- “TCM Treatment for Brain Injury and Concussions” Webinar (8 hour) – elotus.edu 04/18/2020
- “TCM Treatment for Brain Injury and Concussions” Webinar (1 hour) – elotus.edu 05/23/2019
- “Acupuncture and Chinese medicine - How it can make a difference” 16<sup>th</sup> Annual Pacific Northwest Brain Injury Conference – Portland, OR 3/03/2018
- "Acupuncture and Complementary Medicine in the Management of Traumatic Brain Injury", McMinnville, OR – 1/20-21/2018
- “Circuits, Chakras, and Shen: Psychological Impacts of Developmental Neuroimprinting in a Clinical Setting Part I - The Earthly Circuits” - McMinnville, OR – 12/16-17/2017
- "Brain Injury: Basic Acupuncture and Herbal Approaches to Treatment" -Oregon College of Oriental Medicine, Portland, OR – 9/5-6/2015
- Independent Living Resources, Portland, OR (Crossroads support group) – 8/23/2013
- 11th Annual Northwest Brain Injury Conference - Sheraton Hotel, Portland Oregon – 3/13/2013
- Legacy Good Samaritan Medical Center, Portland , OR (BIRRDsong support group)
- Legacy Emanuel Hospital, Portland, OR (Thrive support group meeting) 2/18/2012
- Legacy Emanuel Hospital, Portland, OR (Brainstormers II support group)

### **Technical and Specialized Skills**

- Traditional East Asian Medicine: Acupuncture, Massage therapy, Chinese Herbal Medicine, Electro-acupuncture, Oriental medicine diagnostics
- Psilocybin/NOSC Facilitation: preparation, facilitation, integration, somatic integration
- Accounting and bookkeeping
- Recording keeping and medical charting/billing
- Marketing
- Graphic Design

### **Research Areas of Interests**

- Non-invasive brain stimulation
- Neurobiological foundations of pathology and interventions
- Traumatic brain injury, CTE, post-stroke, PTSD
- Neural bases of consciousness, Non-ordinary states of consciousness
- Psychedelic-assisted psychotherapy
- The 8-Circuit model of consciousness
- Developmental, somatic, transpersonal, and Eastern psychology

### **Volunteer Work**

- Brain Injury Information, Referral and Resource Development/Brain Injury Connections NW  
Portland, OR - 12/2011-06/2014 <http://braininjuryconnections.org/>
- Returning Veterans Project, Portland, OR - <https://www.returningveterans.org/>

### **Employment History**

National University of Natural Medicine  
2024-present  
49 South Porter St. Portland, OR

Adjunct Professor

503-552-1555

Integrative Psychiatry Institute 5/2023-present 224 W. Broadway, Eugene, OR 97401	Teaching/Facilitation Assistant  260-570-8088
Be Well Holistic Health 3/2022-present 3125 NE Holladay St., Portland, OR 97232	Acupuncturist, hyperbaric physician  503-217-4457
Oregon Health and Science University Department of Neurology 8/2018-08/2021 3181 SW Sam Jackson Park Rd, Portland, OR 97239	Adjunct Professor  503-494-8311
DSW Health Services, LLC 11/2013-present 2928 SE Hawthorne Blvd. Portland, OR 97214	Owner/Acupuncturist  503-250-3383
Parkway Acupuncture and Wellness 11/2011-11/2013 30240 SW Parkway Ave #3, Wilsonville, OR 97070	Co-Owner/Acupuncturist  503-610-3383

### **Professional References**

Rachel “Naia” Turetzky, PhD, CYT     Adherence Rater/MLR Reviewer Multidisciplinary Association for Psychedelic Studies 516-912-8171	rturetzkyphd@gmail.com
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Alexandra Dimitrova, MD, MA     Assistant Professor of Neurology Oregon Health and Science University 617-669-2989	dimitroa@ohsu.edu
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Drew Snyder     Head of Psilocybin Practicum Integrative Psychiatry Institute 541-531-6007	drewnsnyderipi@gmail.com
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Ken Glowacki, DACM, L.Ac.     Chair of Acupuncture Department National University of Natural Medicine 503-707-2702	kglowacki@nunm.edu
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### **Personal References**

Nichole Northcraft	541-420-3616
Allison Simmons	971-239-3981

*additional references available upon request*